



Supported Living

A team, with the individual, develops a personal supports plan outlining the individual's long-term goals and annual objectives. The type of service is based on the individual's strengths, needs, and preferences. Services provided may include:

- Personal care services such as assistance with personal hygiene, dressing, eating and ambulatory needs
- Residential habitation – acquiring skills in activities of daily living such as personal grooming, household chores, and food preparation
- Respite – services provided to an individual to relieve those persons normally providing the care
- Environmental accessibility adaptations such as ramps to accommodate wheelchairs
- Specialized medical/adaptive equipment and supplies – devices which increase an individual's independence
- Private duty nursing
- Respiratory services
- Meals services
- Dietician services
- Physical, occupational, or speech therapy
- Psychological services
- Transportation for individual to gain access to services, activities and resources
- Homemaker services - meal preparation and routine household care when the person responsible for these activities is temporarily absent or unable to manage the home and care for himself/herself or others in the home